

Exploring a new Idea

When we get an idea it is easy for it to be followed by what can go wrong and dismiss it.

If you have 10 minutes and an idea comes up I invite you use the following brainstorming worksheet to:

- Write down the idea (so you won't forget it!)
- Write down why it may be important
- The negative PLUS the positive things about it
- The resources you may need for it
- Your thoughts after that

By doing this exercise it will help develop the habit and thought process of evaluating before just saying "no".

10 MINUTES EXPLORING

a New Idea

The Idea:

This idea is interesting because:

Important detail(s) about the idea (positive/negative):

Possible resources I'll need:

Initial Thoughts on how (Or whether!) to proceed: