



# Veronica Larios

## Executive Coach & Consultant

Veronica Larios is an Executive Coach & Consultant that shows mid-career professionals and entrepreneurs that are in a place of transition to achieve work-life harmony or upleveling for growth.

Veronica uses her education and background in behavior psychology, organizational management, coaching and holistic methods to help them build and thrive in a healthy & inclusive workplace, bridging the gap to create a diverse, inclusive, and healthy environment for all.

## SIGNATURE TOPICS

- ✓ Workplace Culture : Diversity, Equity & Inclusion
- ✓ Wellness and Work-Life Balance
- ✓ Managing Burnout and Stress
- ✓ Improve Team and Leadership Empowerment & Productivity
- ✓ Individual Career transitions
- ✓ Latina empowerment in the workplace

*Let's Work Together!*

Please feel free to contact me for scheduling or questions.

✉ [Veronica@Veronicalarios.com](mailto:Veronica@Veronicalarios.com)

🌐 [www.VeronicaLarios.com](http://www.VeronicaLarios.com)



COACHING

WORKSHOPS/TRAINING

SPEAKING